

**PRASAD V. POTLURI SIDDHARTHA INSTITUTE OF TECHNOLOGY**  
KANURU, VIJAYAWADA -7  
(AUTONOMOUS)  
**DEPARTMENT OF FRESHMAN ENGINEERING**  
**CIRCULAR**


Date: 04-08-2025

All the 1 B.Tech students are informed that the Freshman Engineering Department is organizing various events under Universal Human Values (UHV), as part of the Two-Week Student Induction Program (SIP). All students are informed to attend the program without fail.

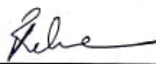

**UHV Facilitators:**

Dr. Sk. Rehena  
Dr. G. Sreedevi  
Dr. M. Silpa  
Mrs. Y. Pavani  
Dr.P.Lakshmi lavanya

**Dates:** 04-08-2025 to 16-08-2025  
**Time:** 9.30AM to 4.30 PM  
**Venue:** Auditorium/ Ground Floor Seminar Hall

  
**Dr. M. Srilakshmi**  
Head FED  
Freshman Engineering Department  
PVP Siddhartha Institute of Technology  
Kanuru, VIJAYAWADA-520 007.

**PVP SIDDHARTHA INSTITUTE OF TECHNOLOGY**  
**DEPARTMENT OF FRESHMAN ENGINEERING**  
**SUMMARY REPORT ON EVENT ORGANIZED**

<b>ACADEMIC YEAR : 2025-2026</b>	
<b>Date of Event organized &amp; Time</b>	Twelve sessions (each session with 2hrs duration) as reflected in the SIP timetable.
<b>Name of the course</b>	<b>STUDENT INDUCTION PROGRAM</b>
<b>Title of the Program</b>	<b>UNIVERSAL HUMAN VALUES</b>
<b>Facilitators</b>	Dr. Sk. Rehena Dr. G. Sridevi Dr. M. Slipa Mrs. Y. Pavani Dr. P. Lakshmi Lavanya
<b>Brief Report on the Event</b>	In the two-week Student Induction Program, students were introduced to the UHV course, a significant initiative designed to impart essential life skills, ethical values, and cultural understanding. The course emphasized not only practical learning but also personal reflection and internalization of values. This experience encouraged students to grow into responsible, compassionate, and empathetic individuals, equipping them to make positive contributions to society while upholding ethical principles in both personal and professional spheres.
<b>Year/Semester</b>	<b>I YEAR /I SEM</b>
<b>No. of the participants</b>	All I B. Tech. students present during the Induction program.
<b>Consolidated Feedback</b>	<b>Good</b>
<b>Suggestions if any</b>	---
<b>Name of the Coordinator</b>	<b>Dr. Sk. Rehena</b>
<b>Signature of the Coordinator</b>	
<b>Signature of the HOD</b>	

Freshman Engineering Department  
PVP Siddhartha Institute of Technology  
Kannur, VILASWADA-520 087.

**(Autonomous) Kanuru, Vijayawada  
Freshman Engineering Department**

**Name of the Program:** UNIVERSAL HUMAN VALUES

**Coordinator:** Dr. Sk. Rehena

**Speaker:** Dr. Sk. Rehena

**Facilitators:** Dr.G.Sridevi, Dr.M.Slipa, Mrs.Y.Pavani & Dr.P.Lakshmi Lavanya

**Objectives:**

- Engage in self-exploration to get acquainted with one another.
- Familiarize yourself with the ethos and culture of the new environment.
- Build connections with peers, seniors, faculty, and staff.
- Cultivate a healthy lifestyle and ethical professional habits.
- Embrace and value cultural diversity.
- Encourage the development of a holistic perspective on life.
- Increase awareness of life's broader dimensions like individual, family (interpersonal relationships), society, and nature/existence.
- Enhance self-reflection abilities.
- Boost confidence and commitment to understanding, learning, and taking appropriate action.

## **Session-Wise Implementation of Universal Human Values (UHV-I)**

The Universal Human Values (UHV-I) module was conducted as part of the Student Induction Programme (SIP) to nurture self-awareness, emotional balance, social sensitivity, and environmental consciousness among first-year students. The sessions were implemented in a sequential and experiential manner, integrating interactive activities, reflective exercises, and community engagement.

### **1. Welcome and Introduction**

The programme began with a warm Welcome and Introduction session aimed at helping students transition into the new academic environment. Through ice-breaking activities and sharing circles, students interacted freely with peers and faculty, getting to know each other and

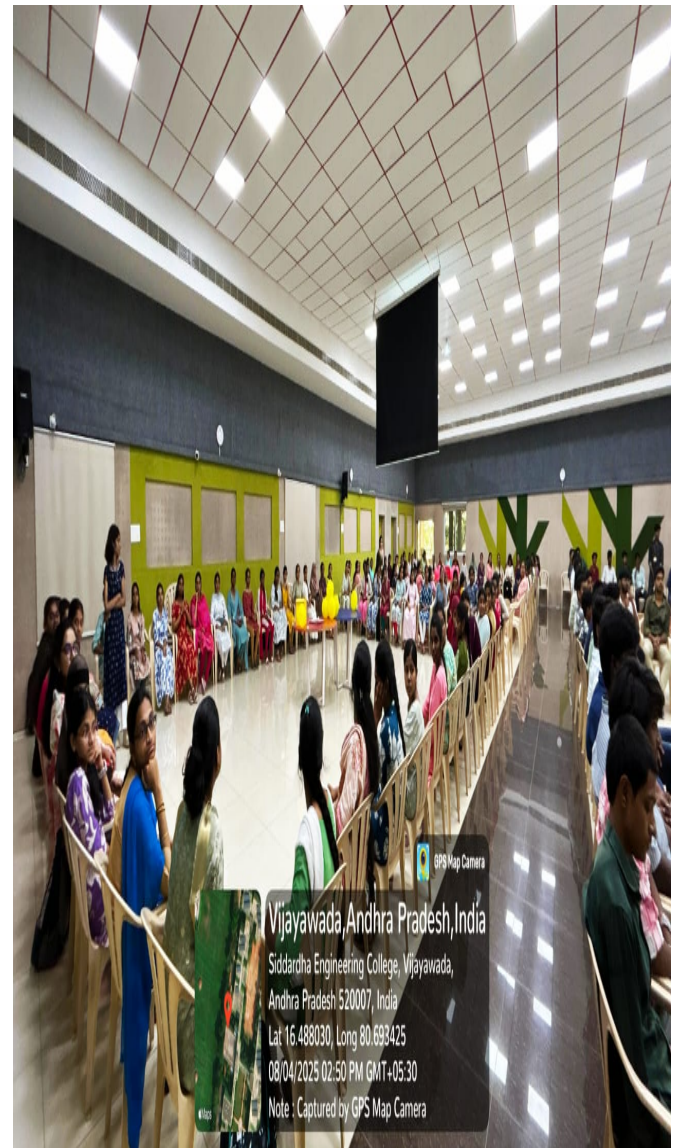


beginning their journey of self-exploration. These activities fostered openness, comfort, a sense of belonging and setting a positive tone for the entire induction period.









## 2. Aspirations and Concerns

The next sessions on Aspirations and Concerns encouraged students to reflect on their personal goals, family expectations, academic dreams, and social pressures. Activities like reflective journaling and goal-setting exercises helped them identify their priorities and align their ambitions with meaningful values. This introspection enabled students to develop clarity about their direction in life while understanding the importance of maintaining balance between personal desires and societal responsibilities.









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### 3. Self-Management

Sessions on Self-Management were designed to enhance the students' ability to handle everyday challenges such as time management, peer pressure, anger, and stress. Through group discussions, real-life case studies, and faculty-led interactions, students explored techniques for maintaining emotional stability and self-confidence. The discussions encouraged them to adopt a balanced approach to academics and personal life.









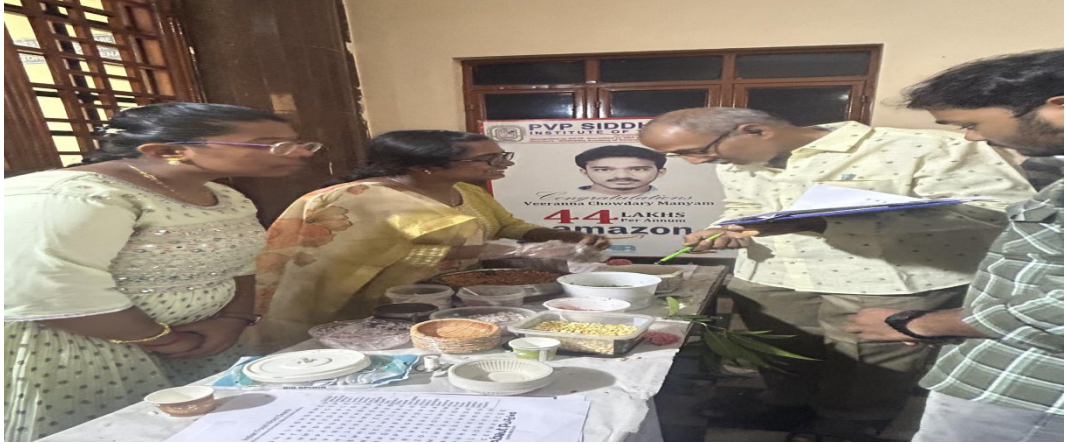
#### 4. Health and Wellness

Health was given special emphasis during the induction. The Health and Wellness sessions focused on both physical and mental well-being. Students attended motivational talks by health experts and participated in yoga and meditation sessions to cultivate mindfulness and inner balance.

A highlight of this segment was the “Taste up Telugu Tangs – Nutrition Fest”, where students celebrated the local culture of Andhra Pradesh by preparing and presenting traditional healthy foods. The event combined nutritional awareness with cultural appreciation, promoting the idea that good health is closely linked to lifestyle and dietary habits.









## 5. Relationships and Emotional Values

The Relationships sessions formed the emotional core of the UHV module. Students discussed the importance of trust, respect, gratitude, cooperation, and empathy in building strong human connections. Various role plays and experience-sharing sessions helped them understand the nuances of interpersonal relationships.

To deepen these values, two special activities were organized:

- **Gratitude to Parents:** Students wrote heartfelt inland letters to their parents, expressing love, appreciation, and gratitude. These letters were later posted home, making the activity both emotional and memorable.




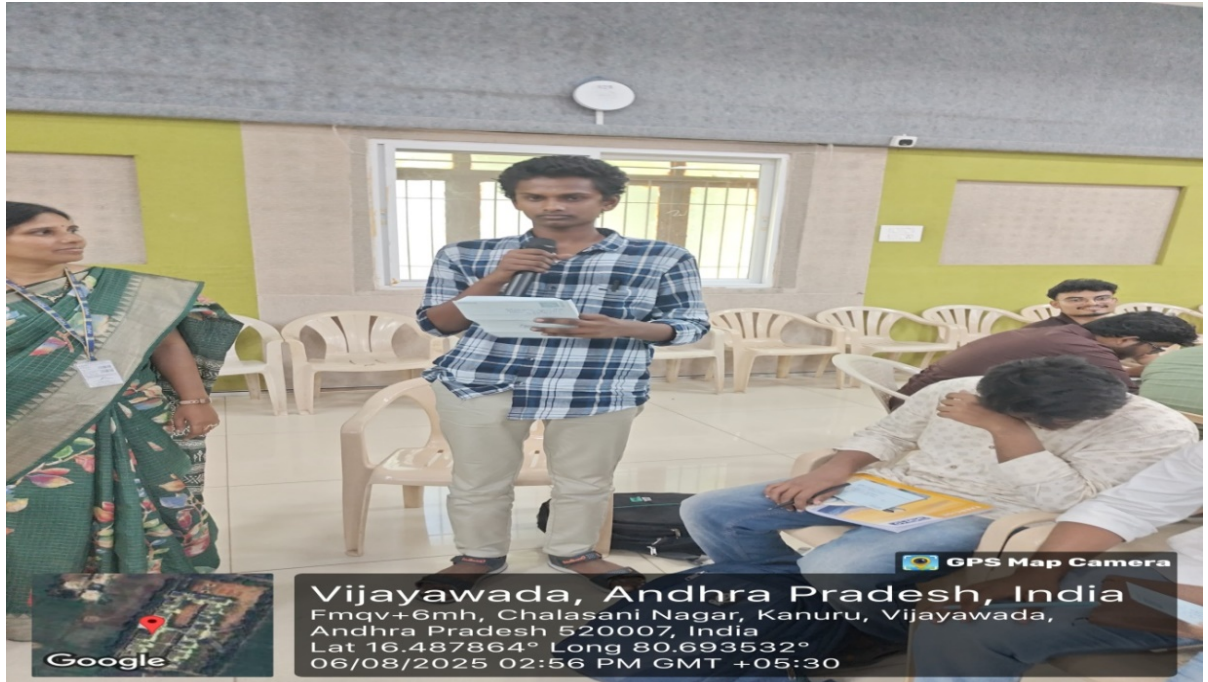


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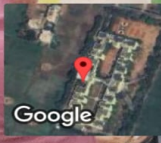


- Gratitude to Nation:**As part of the UHV, *Gratitude to the Nation* celebrated with great enthusiasm, featuring patriotic dances, melodious singing, a knowledge-enriching quiz, and a motivating patriotic speech. The event also included the prize distribution for the poster presentation competition, recognizing and encouraging students' creativity and efforts. Through a poster presentation, students expressed their respect and commitment to the nation, focusing on themes such as unity, patriotism, and service. These creative expressions fostered a sense of belonging and pride among students.

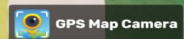








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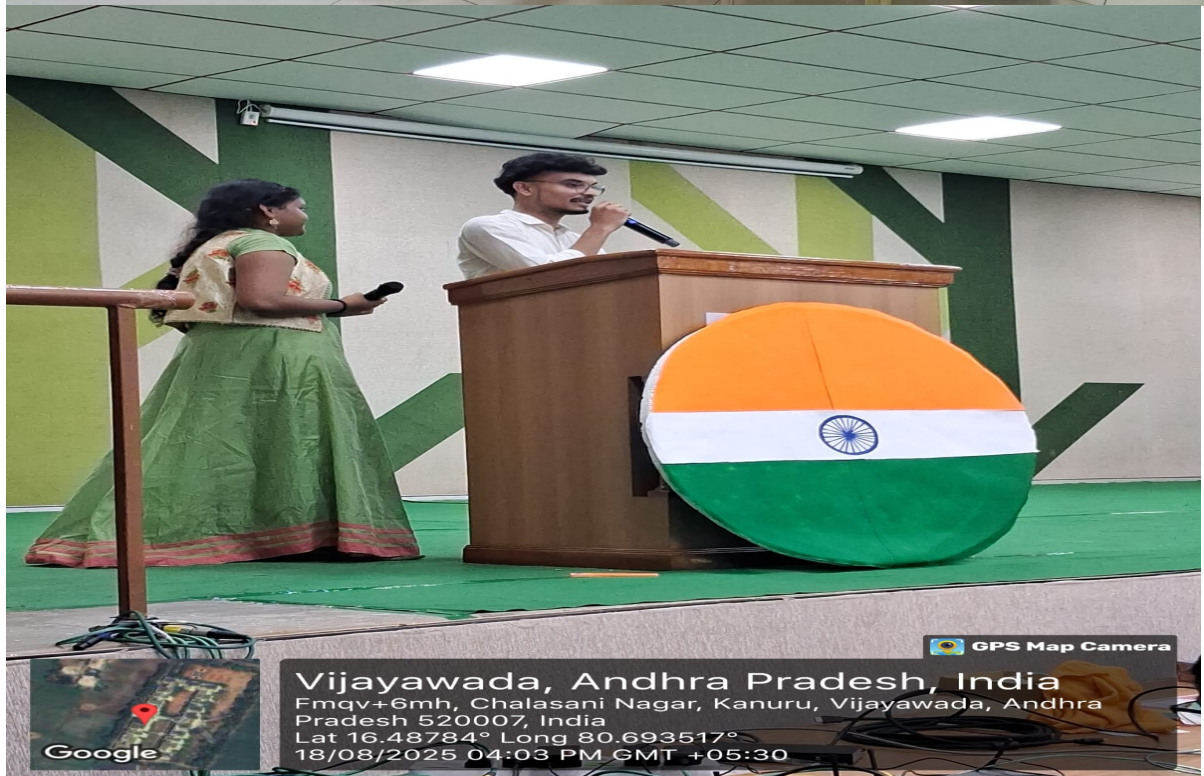
















## 6. Society and Community Harmony

The Society module aimed to help students realize their role as responsible citizens. A special initiative titled “Heal Visit” was conducted, where students visited nearby communities, hospitals, or welfare centers. They interacted with people, understood community issues, and participated in small acts of service. These experiences instilled empathy, compassion, and awareness of social harmony. Additionally, group projects on community awareness encouraged



teamwork and collaboration while promoting the values of equality, mutual respect, and cooperation in society.



## 7. Nature and Environmental Awareness

Sessions on Nature and Environment focused on developing sensitivity toward ecological balance and sustainable living. Students actively participated in campus clean-up drives and plantation programs, experiencing first-hand the joy and responsibility of living in harmony with nature. These activities reinforced the idea that caring for the environment is an essential part of being a responsible human being.







## 8. Sum-Up Session

The Sum-Up Session served as a reflective platform for students to revisit the lessons learned throughout the UHV-I course. Through interactive reflections and open dialogues, they discussed how values such as self-discipline, empathy, and gratitude could guide their personal and professional growth. Faculty mentors helped students connect their experiences to the broader vision of holistic education.



## 9. Self-Evaluation and Closure

In the Self-Evaluation and Closure session, students shared their feedback, personal experiences, and key takeaways from the induction programme. Mentor–mentee discussions and feedback forms provided valuable insights into students' transformation over the two-week period. Many expressed that the programme helped them become more self-aware, emotionally balanced, and socially sensitive.









The UHV-I module, through its structured yet flexible design, proved highly effective in shaping students' understanding of themselves and their surroundings. Activities such as the Nutrition Fest, Gratitude Letters, Poster Presentations, Heal Visits, and Environmental Drives provided experiential learning opportunities that complemented classroom reflection. The module ultimately fostered holistic growth, aligning with the vision of NEP 2020 by integrating values, empathy, and human understanding into higher education. Learning this course proved to be a highly enriching experience. It helped students develop essential life skills, a solid grounding in ethical principles, and greater cultural sensitivity. The program encouraged continuous reflection and internalization of these values, nurturing responsibility, compassion, and empathy. Beyond shaping personal character, it also inspired students to become conscientious individuals dedicated to contributing positively to society.